



FESTIVAL PROGRAM
APRIL 1ST-22ND 2023

[SIXPO.CA/SCHEDULE](https://sixpo.ca/schedule)



#YVRsixpo

[WWW.SIXPO.CA](https://www.sixpo.ca)



INTIMACY IS FOR EVERYONE.

SIXPO is a festival organized by and for folks with disabilities, where we will discuss, reflect and learn together about all sorts of topics related to **relationships and sexual wellness!** There will be panel discussions, speakers and workshops, with plenty of opportunities to **engage in conversations with peers and experts** about a broad range of topics. Whether these types of conversations are brand new for you, or you are really confident in discussing sexuality, we have events that are right for you!

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Members of SIXPO respectfully acknowledge that we live, learn and gather on the unceded, traditional and ancestral territories of the x^wməθk^wəyəm (Musqueam), Sk̓wx̓wú7mesh Úxwumixw (Squamish), sə́lilwətaʔt (Tsleil-Waututh) the Katzie, Kwantlen, Kwikwetlem, Qayqayt and Tla'amin Nations. Non-Indigenous folks in Canada please take a look at Whose Land to learn more about the indigenous nation(s) on whose land you live!

CALENDAR OF EVENTS

Times are in PST, Pacific Standard Time. That's the time in British Columbia (Vancouver, Victoria, Kelowna, etc...)

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 1 PM 4 PM 5:30 PM	4 1:30 PM 4 PM	5 1 PM 3 PM 6 PM	6 3 PM	7	8
9	10	11 2 PM 3 PM 6:30 PM	12 1 PM 3 PM 6:30 PM	13 3:30 PM 6 PM	14 1 PM	15
16	17 1 PM 4 PM	18 1 PM 4:30 PM	19 4 PM	20 11:30 AM - 7 PM	21 10 AM - 7 PM	22 11 AM - 7 PM PARTY!
23 30	24	25	26	27	28	29

IN-PERSON EVENTS



For the first time, SIXPO will host in-person events! Join us at the heritage hall on **Thursday April 20th, Friday April 21st and Saturday April 22nd.**

Don't miss SIXPO's epic closing party on Saturday evening! There will be a DJ and a Drag King performance!

We can't wait to see you there!



LOCATION

**Heritage Hall,
3102 Main Street (close to Main
and 15th), Vancouver**

You can get there by bus:

- bus 3 from science world skytrain: stop at Main and 14th and walk 2min.
- bus 19 from Burnaby: stop at Kingsway and 12th and walk 10min
- bus 9 or 99 from Commercial Broadway: stop at Main street and walk 13-15min



For people who are driving, we will have a space in front of Heritage Hall for pick up and drop off.

THURSDAY APRIL 20TH

11:30 -

MEET AND GREET

12:30PM

Paul and Jewish Matchmaker

12:30-1PM

LAND ACKNOWLEDGEMENT

Shane

1-2:30PM

CAREGIVERS

Josylyn (mojo mediator)

2:30-3PM

30 MIN TRANSITION BREAK

3-4:30PM

**RELATIONSHIP AND
DATING PANEL**

John, Christie, Fiona and Brent

3-4:30PM

CONSENT

Link Sexual Health
Educators

4:30-5PM

30 MIN TRANSITION BREAK

5-6:30PM

**KINK, CHRONIC
ILLNESS, AND
DISABILITY**

Melody Anne

5-7PM

**STI EDUCATION
SESSION**

Link Sexual Health Educators

WORKSHOP DESCRIPTIONS

KINK, CHRONIC ILLNESS, AND DISABILITY

Melody Anne

BDSM – which stands for Bondage & Discipline, Dominance & Submission, and Sadism & Masochism – is having a moment in popular culture. More and more people are curious about trying this form of erotic expression. But exploring kink can sometimes feel daunting, especially for those of us living with chronic illness or disability.

Join Melody Anne, a neurodivergent and chronically ill sex educator and veteran kinkster, for a workshop on navigating BDSM, disability, and illness. We will talk about:

- Adapting and customizing kink to our needs
- The surprising links between BDSM and chronic pain
- Finding support within relationships, communities, and healthcare, and combating shame and stigma around disability, kink, and sex.

Whether you are BDSM-curious or an experienced kinkster, let's explore the intersection of kink, chronic illness, and disability together!

FRIDAY APRIL 21ST

10-10:30AM WELCOME

10:30-12PM THE ASKABLE ADULT

Jessica Wollen

12-12:30PM 30 MIN TRANSITION BREAK

12:30-2PM GENDER AND SEXUALITY

Jessica Wollen

**2-3:30PM MEDIA, SEX,
AND THE DISABLED
EXPERIENCE:
REPRESENTATION OF
DISABILITY AND
SEXUALITY**

Robin Wilson-Beattie

**3-4:30PM
SEX TOYS AND
ACCESSIBILITY**

Erica Erica Van Kuppeveld
Workshop 1

4:30-5PM 30 MIN TRANSITION BREAK

**5-6:30PM
MOULD YOUR
DREAM SEX TOY**

Erica Workshop 2
Limited people allowed. To book,
contact @sixpoevent@gmail.com

**5-6:30PM
BARRIERS TO
INTIMACY**

Sarah Watson workshop

6:30-7PM WRAP UP

WORKSHOP DESCRIPTIONS

THE ASKABLE ADULT

Jessica Wollen

In this workshop Jessy will lead discussions on

- What sexuality is and how it plays a role in every person's life and how folks with disabilities can be left out of this conversation.
- How to access current and reliable information and resources to support learning about sexuality.
- How to support comprehensive health education at home and in the school system. Strategies to handle questions about sexuality from youth and adults.
- Support in clarifying one's feelings, emotions, and family values to know how to start the learning process.
- Learners will leave with resources in mind, some clarity around what matters to them in the area of sexuality and how to continue learning and growing in their relationships.

Jessy Wollen will also have a booth in our resource fair, where she can answer questions one-on-one. We have also purchased items from SHIFT Education, including Sexual Health Education Flashcards, that will be available at the Coffee and Chill Area during the in-person SIXPO Festival, from Thursday April 20th, 2023 to Saturday, April 21st, 2023!

SEX TOYS AND ACCESSIBILITY

Erica Van Kuppeveld

Sex toys today can thrust, rotate, pulse, stroke, heat-up, make sounds, connect to apps, track data, and more - but are they accessible? Join Erica to discuss what accessibility in the sex toy industry should look like. Erica will discuss different types of sex toys that may work well with different access needs and the gaps that still need to be addressed in the industry. This presentation can serve as a great introduction for those who want to participate in Erica's hands-on workshop: "Mould your Dream Sex Toy".

MOULD YOUR DREAM SEX TOY

Erica Van Kuppeveld

Have you ever wished you could design the perfect sex toy for your needs and preferences? This hands-on workshop will allow you the opportunity to do so! Join Erica to chat about the different design elements of sex toys from handle length, button position, material, functions, colors, and more and then have the opportunity to create your very own model out of air dry clay. The sky's the limit with this workshop! A local sex toy manufacturer will be in attendance to gather information from your designs to inspire more accessible sex toys. Erica's workshop, "Sex Toys and Accessibility", can be a good introduction before participating in this workshop, but it is not required. During this workshop, Erica will discuss all the things you need to know before designing your dream sex toy(s). Please note that although Erica offers some workshops where participants can create a functional sex toy with clay, that this workshop utilizes different clay and the art you make is not safe for intimate use. The sex toys designed in this workshop are for modeling use only.

MEDIA, SEX, AND THE DISABLED EXPERIENCE: REPRESENTATION OF DISABILITY AND SEXUALITY

Robin Wilson-Beattie

Disabled people are the largest minority group on the planet, and we have sex. Regarding acknowledging and representing our sexuality, the media has historically neglected to portray disability and sexual experiences or misrepresented them entirely. During this hour, we'll discuss the history of sex and disability in the media, controversies, triumphs, and the future of inclusive representation.

SATURDAY APRIL 22ND

**11AM -
3-30PM** **RESOURCE FAIR**

12-1 PM **KEYNOTE SPEECH**

Andrew Gurza

1:30-2PM **KEYNOTE Q&A**

Andrew Gurza

1:30-2PM **KEYNOTE Q&A**

Andrew Gurza

**2:30 -
3:30PM** **SPOONS AND SEXUALITY**

Teela Hudak

**4:30 -
5:30PM** **OVERCOMING BARRIERS**

Andrew, Teri, Trish, Tien

5-5:30PM **30 MIN TRANSITION BREAK**

5:30-7PM **SEXUAL SHAME AND ANXIETY**

Jason and Carolin

6:30-7 PM **WRAP UP**

7:30-10PM **PARTY!**

WORKSHOP DESCRIPTIONS

SEXUAL SHAME AND ANXIETY

Jason and Carolin

In today's society, few people feel good about their bodies. Even fewer feel good about their bodies during sex! And for many, this is even more true when dealing with a medical condition or disability that affects function; sensation; and/or mobility.

To fully accept our sexual selves and have sexual self-esteem, we need to accept truths about sex that society doesn't like to acknowledge. It's hard to fully embrace something our society has taught us to keep so private. So this is a presentation about openness, and overcoming sexual shame and anxiety. The presentation includes:

- Some of the super interesting science on sex and our sexual desires;
- Common sex myths that lower sexual self-esteem and pleasure;
- Blunt and direct information about sex, including lots of true stories and case examples from our years in clinical practice;
- Concrete recommendations for talking to doctors and caregivers about sex; and
- Resources for addressing sexual concerns.

GUESTS BIO



Erica Van Kuppeveld she/her pronouns

Erica is a certified sexual health educator and the founder of SEXPLETIVE. SEXPLETIVE is an inclusive hub for information about sexual health, sex-positive community events, and sustainable pleasure products! Erica is currently employed in the adult toy industry at the Traveling Tickle Trunk in Edmonton and is a board member for the Alberta Society of the Promotion of Sexual Health.

Follow Erica Van Kuppeveld at:

- Sexpletive: www.sexpletive.ca
- The Travelling Tickle Trunk: www.travelingtickletrunk.com
- Tik Tok: @sexpletive
- Instagram: @s.e.x.p.l.e.t.i.v.e
- Facebook: The Traveling Tickle Trunk
- email: sexpletive.ca@gmail.com and mail@travelingtickletrunk.com

Joslyn Nerdahl Mojo Mediator

Joslyn is a Certified Sex Coach, CSC; Clinical Sexologist, Sex Educator, Intimacy Coach and Human & Sexual Rights Advocate who believes strongly in communication and consent. She is a member of the World Association of Sex Coaches. With years of coaching, surrogacy, somatic bodywork, sexual education and rehabilitation under her belt she is now completing her hypnotherapy degree. Her passion is helping people learn how to talk about sex and helping clients find safe ways of exploring how to get their needs met; creating healthier individuals, couples, families and communities. Joslyn is trained in various forms of energy healing (ranging from ancient to modern) available upon request.

Follow **Joslyn** at

- www.mojomediator.com
- Instagram @mojomediator.



Tien Neo Eamas

Born into 1968 Singapore and a fundamentalist Christian family, Tien Neo Eamas was given the sex/gender marker female/girl. For decades in Singapore, then in Canada, he internalized his experience of family violence, sexism, homophobia, racism, and trans- and gender-phobia. Eventually falling into a major depression, Tien thought suicide was the answer. It was not; the attempt failed.

When Tien awoke the next day he took it as a sign, committed from then on to transform his struggle into something else. The next several years of spiritual and personal development changed his view of life from someone oppressed to someone full of joy who loves life.

This transformation gives Tien unique insight and facility when teaching people how to tap into their own capacity for freedom, choice and connectedness.

Tien is the first Asian bi-gendered transman to transition publicly during a time when LGBTQ awareness was rare (Vancouver, BC Canada 2002). An OG Asian Transman, with a commitment to enlightenment, Tien continues to evolve, disrupt and lead new conversations and practices that push the Gender frontier.

Tien's Transcending Gender curriculum includes Upgrade Your Gender IQ and Gender Conscious Parenting. He also teaches Race and Spirituality Programs, and Mindfulness Programs.

Tien is also a Goldsmith, artist, alchemist and a pole and drag artist. He is grateful to now reside in Vancouver BC, Canada, on the unceded traditional territories of the Musqueam, Squamish, & Tsleil-Waututh Peoples.

Watch – <https://bit.ly/30MmFq3>
<https://www.youtube.com/watch?v=Dt5B8zviJBQ>

Visit Tien at – <https://tienthewizard.com>

Robin Wilson-Beattie [she/her]

Robin Wilson-Beattie is a disability and sexuality educator, speaker, writer, and empowered presenter. She is passionate about teaching individuals, organizations, groups, schools, universities, and society how to #AccessBetter sexual and reproductive health in their environments. Robin has an educational background in anthropology, sexual and reproductive health, and law. She also has vast experience working in the sexual and reproductive health sector and brings an empowering perspective on how we all can learn and support each other in being better-together.

Follow Robin Wilson-Beattie:

- www.robinwb.com
- Instagram: #AccessBetter
- Twitter: @sexAbleD

Melody Anne [she/her]

Melody Anne is a queer, kinky, neurodivergent, and chronically ill sex educator living on Musqueam, Squamish, and Tsleil-Waututh territory (colonially known as Vancouver). An insatiable thirst for knowledge of all things sex-related inspired her to earn her BA in psychology and sexuality studies from the University of British Columbia, where she was a research assistant at two sexuality labs, and to complete sexual health educator training from Options for Sexual Health.

Presenting on topics ranging from G-spots and squirting to mindful kink, Melody Anne has shared her sexpertise with thousands of individuals at conferences, universities, and venues across North America, teaching electrifying workshops with unforgettable live demos. With over 16 years of experience in BDSM and sex-positive communities, she is passionate about helping people explore their sexuality, navigate their kinks, dispel shame, and discover their authentic pleasure.

www.eroticeducator.com



Jessy Wollen [she/her] SHIFT Education

SHIFT Education is me, Jessy Wollen, teacher and certified sexual health educator. Through workshops, professional development trainings, and resources, I forge the way for teachers, caretakers, parents, and grandparents who want to learn how to talk to young people - including diverse learners - about sexuality without being weird about it.

Follow Jessica Wollen and SHIFT Education:

- www.Shift-Education.com
- Instagram: [@shiftpeducation](https://www.instagram.com/shiftpeducation)
- Facebook: Shift Education

Contact:

- email: jessica@shift-education.com
- Phone: (778) 320-8587

Sarah Watson

Sarah Watson is a Registered Clinical Counsellor who specializes in working with all groups of the community including 2SLLGBTQ+, disabled, members of the BIPOC community, and sex workers. Sarah uses the approach of compassion and care while building a relationship with her clients to help them embody their feelings and gain a deeper understanding of needs and boundaries. Sarah will be presenting a fun and knowledgeable workshop presentation which will take a dive into the topic of sex therapy, desire, and barriers to intimacy.

Find more about Sarah at www.sarahwatsontherapy.com
Connect with Sarah at: sarahwatsontherapy@gmail.com



Andrew Gurza [they/he] Bump'n

Andrew Gurza is an award winning Disability Awareness Consultant and the Chief Disability Officer and Co-founder of Bump'n, a sex toy company for and by disabled people. Andrew uses they/he pronouns and identifies proudly as disabled. Their work has been featured on BBC, CBC, Daily Xtra, Gay Times UK, Huffington Post, The Advocate, Everyday Feminism, Mashable, Out.com, and several anthologies. He was the subject of an award winning National Film Board of Canada Documentary "Picture This". Andrew has guested on a number of podcasts including Dan Savage's Savage Love and Cameron Esposito's Queery. He has spoken all over the world on sex, disability and what it means to be a Queer Cripple.

Check out Andrew's podcast Disability After Dark: The Podcast Shining a Bright Light on Disability Stories. He won a Canadian Podcast Award in 2021, was a Queerty Award nominee, and was chosen as an Honoree at the 2020 Webby Awards. The show is available on all platforms.

Andrew is also the creator of the viral hashtag #DisabledPeopleAreHot.

Follow Andrew Gurza:

- Website: www.andrewgurza.com
- Instagram and Tik Tok @gurza___
- email: andrew@andrewgurza.com



West Coast Centre for Sex Therapy

Dr. Carolin Klein [she/her]

Dr. Carolin Klein is a sex therapist and a Registered Psychologist. She is co-founder and co-director of the West Coast Centre for Sex Therapy in Vancouver, BC. Her clinical work involves assisting individuals, couples, and other partnership configurations to build and strengthen sexual and relational intimacy; overcome sexual shame and anxiety; and bring more joy and curiosity into sexuality. She regularly provides workshops and presentations to the general public designed to increase sexual awareness, comfort and pleasure. She is also heavily involved in training graduate students and other professionals in evidence-based sex therapy.

Dr. Jason Winters [he/him]

When not eating donuts, neglecting his poor office plants, or breaking himself in the mountains, Dr. Winters can be found sat across from his clients chatting about how they might make their sex lives and relationships better. He's a registered psychologist, sex therapist, and the co-founder and co-director of the West Coast Centre for Sex Therapy. Once a scientist, he studied unusual sexual preferences, the validity of sexual addiction, and aspects of sexual desire, arousal, and people's sexual behaviour. Dr. Winters is also active in international professional organizations that bring science and sex therapy practice together.

Follow Dr. Carolin Klein and Dr. Jason Winters and West Coast Centre for Sex Therapy at

- www.westcoastsextherapy.com
- Instagram [@drcarolinklein](https://www.instagram.com/drcarolinklein) and [@westcoastsextherapy](https://www.instagram.com/westcoastsextherapy).

carolin@westcoastsextherapy.com

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Phone Number: (604) 734-1511

ORGANIZATIONS



We would like to thank all these organizations for their help and support in the realization of SIXPO.



Burnaby Association
for Community Inclusion



inclusion
powell river



Free, Accessible
Sexual Health
Education

